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### **RELATIONSHIP GOALS by Michael Todd** **Discussion Questions**

1. What was the last post you saw with the hashtag #RelationshipGoals? What does this post say about the culture that surrounds us?
2. Name up to three other misleading images of the “perfect” relationship that you have seen in the media lately— whether in a movie, on a billboard, on social media, or elsewhere. Do you believe the images we see of “perfect” relationships are dangerous, neutral, or helpful in our own relationships and friendships? Why?
3. What rules of romantic relationships did you hear growing up? In what ways were you taught or shown how to follow them?
4. What examples of healthy relationships— whether parent/child, husband/wife, or friendships— did you have around you as you grew up? How do you think they influenced your view of relationships today?
5. In what ways have the church and Jesus followers influenced your view of relationships?
6. In general, are you the kind of person who likes to set goals or the kind of person who likes to wing it? What about in relationships, specifically?
7. Describe a time when having a clear relationship goal helped you achieve what you wanted. Or describe a time when not having a clear relationship goal led to trouble.
8. Michael introduces the idea that our relationship goals are supposed to be in alignment with our major life purposes and the dreams God has planted in us. As you see it, what is the connection between relationships and purpose?
9. “Progression, not perfection” is Michael’s mantra for relationship goals. Is that encouraging to you? If so, why?
10. What does getting a win in relationships mean to you?